

Gavin Freeman



Director
The Business Olympian
1/ 20-22 Avon St
Moorabbin, VIC 3189

Mob: +61 (0)413 043 417

Email:
gavin@businessolympian.com.au

Web:
www.businessolympian.com.au

Gavin Freeman - Director of the Business Olympian based in Melbourne.

Gavin's background is diverse as it is unique –He is a fully registered psychologist with over 10 years experience in both the sporting and corporate world. He has held positions of Corporate Senior Psychologist and Director of Human Resources & Learning and Development positions specialising in developing excellence in high performing elite business men and women.

His book, **“The Business Olympian”** released in June 2008 captures the mental toughness lessons learned from elite athletes and how these skills can be easily transferred into the corporate world. Gavin consults to CEO's, Managers and Elite Coaches delivering a variety of experiential Performance Mastery Workshops, Leadership Development, Executive Coaching, and Team Building experiences.

Gavin was the team psychologist for the Winter Olympic team in Turin 2006 and 2000 Sydney Paralympic Games. He was also Team Psychologist for the Olympic Archery Team in Sydney 2000. At the professional level he has worked with a variety of athletes from the best sporting leagues around the world including the NBA, WNBA, and PGA, additionally he was the Psychologist for a Team at the 2003 Rugby World Cup.

He holds a Bachelor of Science, and Bachelor of Psychology from University of Western Australia, a Master of Psychology from University of Southern Queensland and his MBA is from Deakin.

Gavin is a keen basketballer, albeit suffers from still thinking he is 21. His interests include “playing with technology” general fitness and most importantly his 2 young children. He is currently working on his second book and can usually be heard on one of the business radio shows across Australia and channel 7 sunrise program. He conducts a monthly podcast on mental toughness, interviewing CEO's and Executives gaining their perception on mental toughness

This experience was gained in Australia through both in-house and project roles for companies such as:

ING
NAB Bank
Oracle
Telstra
Departments of Justice, Transport and Innovation

Fujitsu
JP Morgan
Energy Australia
National Foods